



SPLASH! Newsletter of Worthing Swimming Club

Sponsored by **JOHN WILDMAN & SONS - FAMILY BUTCHERS**
2A Portland Square, Portland Road, Worthing Tel: 01903 238660

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worthingswimmingclub.org

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BOY'S AND GIRL'S CAPTAINS

Congratulations to Alastair Hardinge and Emma Piper on being elected Boys and Girls Captains. We wish them every success



Alastair Hardinge and Emma Piper.

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NEW CLUB SHIRT

The new Club shirt (as modelled by Alastair and Emma above) is available from the Club Shop priced at £15 (price includes your name on the front and Club Name on the back). If you would like to order one please see Rhiannon Bennett.

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CHAMPIONSHIP PRESENTATION EVENING

The Worthing SC Championship presentation will take place on Saturday 26th January at

the Thomas Beecham Club at 7:30pm. Tickets priced at £2.00 each can either be bought in advance from Rhiannon Bennett at the Club Shop or purchased on the door at £3.00 each.

at 8:30pm. Tickets for the raffle can be obtained from Carol Tate.

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WATER POLO - DOUBLE SUCCESS

The junior squad have achieved double success by winning The Sussex County U16 Tournament for the 3rd consecutive year.

Squad : Rachel Piper, Sam Abbott, Sam Maloney, Alastair Hardinge, Kevin Chan, Peter Flynn, Kwok Wan, Oliver Rainford, Max Felton.

They have also won The London and South-east Region Inter County Youth Tournament for the 2nd consecutive year.

Scorers: Scott Martin, Sam Abbott Matthew Waugh, Alexander Cranford, Kevin Chan, Rachel Piper, Nathan Tonkin, Sam Maloney.

FUN NIGHT

Fun Night will be held on Thursday 13th December at the Aquarena. There will be 2 sessions: - 7pm -8pm & 8:15pm -

9:15pm. See Club notice boards for details. Price £2.50

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NEW TREASURER WANTED

After 9 years, our Treasurer, Phil Hart has given notice that he will be retiring at Christmas. Phil has stewarded the Club, with exceptional skill, but pressure of work has taken its toll and he will be giving up his position. We would like to thank him for his enormous contribution to Worthing Swimming Club and wish him well in the future. We now therefore have to fill the vacancy. If you would like to apply or know of someone, with preferably a financial background, who would like to apply, please contact Rob Drage on 01903 234388, as soon as possible, to discuss the position.

CHRISTMAS RAFFLE

Tickets for the Christmas raffle are on sale now, priced at £1 per strip of 5 tickets. The draw will be held on Thursday 6th December

CLUB RECORDS BROKEN!!

Nine Club records were broken at the Club Championships. They were as follows:-

Joe Hazeldine, 10 Yrs 100m Backstroke, 100m Breaststroke, 100m Freestyle and 100m Butterfly.

Alastair Hardinge, 15 yrs 100m Backstroke and 100m Freestyle.

Joel Abbott, 16 yrs 100m Backstroke.

Karen Chan, 11 yrs 100m Backstroke.

Ziggy Tate, 16 yrs 100m Freestyle.

RACHEL BUCKLAND NATIONAL INTER- COUNTIES



This year I was selected to represent Sussex in the 100m Breaststroke and the Medley Relay Team, at the ASA National County Team Championships at Sheffield on Sunday 21st October.

We travelled up on the Saturday and stayed the night in Rotherham, which is just outside Sheffield. The Journey took nearly 6 hours. We had an early start on the Sunday morning, up at 8am for breakfast and on the coach ready to leave at 9:15am. When we arrived at Ponds Forge, we changed for warm up. After the warm up we changed into our fast skins and watched the opening ceremony of the competition. The atmosphere was amazing, with counties cheering and supporting their swimmers. Overall I came

18th in my event, which was an achievement as I had never swam Ponds Forge let alone for Sussex. Sussex did well enough to stay in Division 1 for next year. The standard at national level is a lot higher and a lot tougher competition. As a result of my taking part in this competition I now train with the Sussex senior team on a Sunday, every other month, at K2 in Crawley.

Rachel Buckland

SOUTH EAST REGION - WINTER CHAMPIONSHIPS

On 3rd and 4th November 2007, 5 Worthing Swimmers qualified for the ASA South East Region Championships held in the 50m pool at Crawley. Rachel Piper, Rachel Buckland, Emma Piper, Dominic Cranford and Alastair Hardinge, all had to achieve tough qualifying times to be able to qualify for this event.

Rachel Piper swam in 3 events – 50m & 100m Freestyle & 50m Backstroke

Rachel Buckland swam in 2 events – 50m & 100m Breaststroke.

Emma Piper swam in 1 event – 50m Freestyle

Dominic Cranford swam in 2 events – 50m Freestyle & 50m Butterfly

Alastair Hardinge swam in 2 events – 50m & 100m Freestyle.



Dominic Cranford, Rachel Piper, Rachel Buckland, Emma Piper and Alastair Hardinge

Congratulations to all 5 on this achievement, keep up the good work

Chris Luesley
Swimming Secretary

AGM

The Club held its AGM on Wednesday 3rd October, John Dommen was re-elected to serve as Club President. At the meeting a revised Club Constitution was agreed.



CHRISTMAS BREAK

The last Club session at the Aquarena will be on Thursday 13th December. Club sessions at the Aquarena will recommence on Thursday 3rd January. The last sessions at Wadurs will be Friday 14th December and Sunday 16th December, and on Monday 17th December at Lancing College. Sessions at Wadurs will recommence on Friday 4th January and Sunday 6th January and sessions at Lancing College will recommence on Monday 7th January.

The Management Committee of the Club would like to wish all children and parents a very merry Christmas and a happy New Year.

LOG BOOKS - NOW AVAILABLE

These are essential for all gala squad swimmers so that they can record their progress. These will be reviewed by the coaches in the forthcoming months. Just £5.50 each from the Club Shop.