



# SPLASH! Newsletter of Worthing Swimming Club

Issue 35

[worthingswimmingclub.org](http://worthingswimmingclub.org)

Autumn 2008

## COUNTY DINNER

The Sussex County ASA Annual Dinner Dance will be held on Saturday 27<sup>th</sup> September 2008 at Brookfield Hotel, Emsworth. The event will be hosted by Sussex County ASA President, Ray Barber,



**Club President, John Dommen pictured with Sussex County ASA President, Ray Barber**

Ladies 3m

1<sup>st</sup> Polly Simon 134.10

The awards were presented by Sussex County ASA President Ray Barber



**Victorious Worthing Divers with Club President, John Dommen and Sussex County ASA President, Ray Barber.**

from the Lido. The event was enjoyed by all and a sizable crowd watched the start. The Mayor presented the trophies and medals at the end. We would like the Mayoral party for their attendance and look forward to their visit to the Aquarena later in the autumn. The results were as follows:-

### **Women**

- 1<sup>st</sup> – Liz Fairs (5min 02sec)
- 2<sup>nd</sup> – Karen Wardley (5min 6sec)
- 3<sup>rd</sup> – Sarah Blacker (5min 21sec)
- 4<sup>th</sup> – Nikki Yeandle (6min 20sec)

### **Men**

- 1<sup>st</sup> – Paul McDavitt (9min 28sec)
- 2<sup>nd</sup> – John Coppin (9min 47sec)
- 3<sup>rd</sup> – Alastair Hardinge (9min 56sec)
- 4<sup>th</sup> – Andrew Cawdery (10min 31sec)
- 5<sup>th</sup> – John Matthews (10min 41sec)

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## COUNTY DIVING

The 1m and 3m Championships were held at Worthing on Thursday 17<sup>th</sup> July 2008. The results for the Worthing divers were as follows:-

Girls 1m	Points
1 <sup>st</sup> Catherine Helmer	60.95
2 <sup>nd</sup> Rachel Fairs	51.90
Boys 1m	
2 <sup>nd</sup> Joe Hazeldine	67.50
Ladies 1m	
1 <sup>st</sup> Polly Simon	114.65
2 <sup>nd</sup> Megan Warrington	107.45

## SEA SWIM

After an earlier postponement due to bad weather, the sea swim finally took place on Saturday 14<sup>th</sup> August. Nine swimmers, four women and five men, took to the sea at 12.15pm to compete for their respective trophies. The Mayor, Cllr Christine Brown and the Deputy Mayor and Mayoress, Lt Cmdr Cllr Noel and Mrs Helena Atkins, were in attendance. The weather was good for once, although the sea state was quite choppy. However, the Beach Office gave the go ahead and off they went on the starting horn from the Mayor. The women race over a course of one quarter of a mile, the men a half mile, starting

## ANDREW FUMAGALLI

About 8 years ago Andrew's Children, Michelle & Isobel were swimming in the small pool on a Saturday morning when a request was made for poolside helpers.

Andrew stepped down from the seats to offer a hand and a little later took the ASA Level 1 Assistant Teacher course. With spells teaching on Tuesdays and Thursdays, at Wadurs and at Lancing College, Saturdays were where he enjoyed teaching the most.

Andrew says, Living by the sea that all children should be able to

swim. Seeing my own children come through the Club, teaching others is my way of giving back.



**Andrew Fumagali who is stepping down from teaching after 8 years**

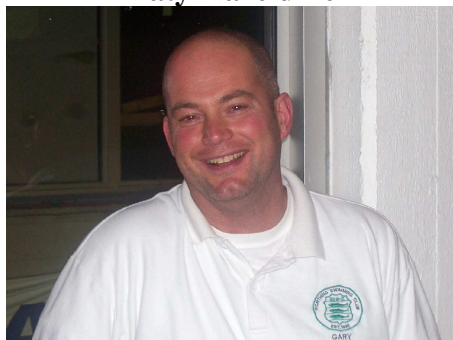
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**ASA/UKCC LEVEL 1**

Katy Hazeldine and Gary Wildman have completed their ASA/UKCC Level 1 Certificate for teaching Aquatics



**Katy Hazeldine**



**Gary Wildman**

Adrian Parker and Nic Piper have just completed their Level 2 course and awaiting the results.

Spencer Kemp will be completing his level 2 in November.

We wish them all every success with their teaching.

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**CLUB CHAMPIONSHIPS & OPEN CHAMPIONSHIPS**

The Club Championships & Open Championships will be held on the following dates:-

**Championships**

Gala 1 – Worthing Sat 4<sup>th</sup> Oct

Gala 2 – Worthing Sat 18<sup>th</sup> Oct

Entry forms are now available

**Open Championships**

November

Sat 15<sup>th</sup> Nov, Tues 18<sup>th</sup> Nov, Thurs 20<sup>nd</sup> Nov, Tues 25<sup>th</sup> Nov & Thurs 27<sup>th</sup> Nov – Worthing.

December

Sun 7<sup>th</sup> Dec – Wadurs.

Mon 15<sup>th</sup> Dec – Lancing College.

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**DIARY**

County Relay Gala – Sun 7<sup>th</sup> September, Eastbourne

Worthing SC Championships - Gala 1 – Sat 4<sup>th</sup> Oct

Speedo League Round 1 – Sat 11<sup>th</sup> Oct, Basingstoke

Worthing SC Championships - Gala 2 – Sat 18<sup>th</sup> Oct

County Development Gala – Sun 26<sup>th</sup> Oct, Brighton

Speedo League Round 2 – Sat 8<sup>th</sup> Nov, Waterlooville

County Development Gala – Sun 9<sup>th</sup> Nov, Brighton

Sat 15<sup>th</sup> Nov – Worthing SC Open Championships

Tues 18<sup>th</sup> Nov – Worthing SC Open Championships

Thurs 20<sup>th</sup> Nov – Worthing SC Open Championships

Tues 25<sup>th</sup> Nov – Worthing SC Open Championships

Thurs 27<sup>th</sup> Nov – Worthing SC Open Championships

**CHANGES TO THE NPTS**

The ASA National Plan for Teaching Swimming (NPTS) has recently been updated. The scheme has proved very successful over the past few years and the revised scheme has been developed as a pathway for swimmers, from their first splash, to obtain confidence and competence in the water which will hopefully see them continue to participate in competitive swimming, diving or water polo at the Club.

The ‘old’ scheme was introduced at the Club in 2002 and 70% of swimmers in the gala squad have progressed through the scheme from the Non Swimmer Level. The scheme consisted of 6 Levels with a total of 12 Award Levels. The new scheme has 7 Stages and will be introduced with the next Saturday intake into the learner pool in September. Badges and certificates will still be available. As these swimmers progress the scheme will be phased into the learner pool on Tuesdays and Thursdays. If any parent would like further information, please see Peter McCallum.