



SPLASH! Newsletter of Worthing Swimming Club

Sponsored by **JOHN WILDMAN & SONS - FAMILY BUTCHERS**
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AGE GROUP PRESENTATION

The Age Group presentation was held on Friday 9th June at the Thomas Beecham Club. This year instead of the usual disco, we held a barbecue which proved to be an outstanding success with more than 200 tickets sold. A big thank you to Steve Warrington, Megan Warrington and John Rodemark for their sterling efforts in cooking all the food and to Dawn Osborne and Fanny Chan for preparing the Salads and the Water melons.



Steve & Megan Warrington and John Rodemark



Dawn Osborne and Fanny Chan

ROSS LECKEY

Every year during the summer the British Transplant games are held.

This year they are being held in Bath from 17th – 24th August. A full range of activities take place in the swimming pool and also on the athletics track. This year Ross has entered Backstroke, Breastroke and Freestyle in the swimming and 100m sprint on the track. These games are an occasion for young people and adults who have had life saving surgery to meet and mix with others like themselves. It enables young people like Ross to talk about experiences, triumphs and fears not easily spoken with able bodied people.



Ross Leckey

ASA LEVEL 1 TEACHER

In addition to the 5 Club members named in Issue 25, Michelle Fumagali also successfully passed her theory exam.

DIVING

Worthing divers have once again dominated the County Championships. Megan Warrington retained her Girls 1m title and finished 5th in the Ladies

event. Polly Simon finished 3rd in both the Girls and Ladies and Megan's sister, Phillippa finished 2nd in the ladies event with Elizabeth Fairs finishing 4th. Charles Milner-Smith retained both the Boys and Mens event. The success continued in the 3m event with Polly Simon winning both the Girls and Ladies, Megan was 2nd in the Girls and Elizabeth was 2nd in the Ladies. Charles once again retained the Boys and Mens title. The competitions were held at the Prince Regent in Brighton, this is the last time that they will be held there as the diving pool is being closed as a moveable bottom is being installed which means that the pool will not be deep enough to have diving boards. This is a great shame as the facilities in Sussex are very poor already. The only other pool to be able to host the event would be K2 at Crawley which is extremely expensive to hire. Worthing's boards are not good enough to be able to host the competitions.

Hilary Wrighton

LOUISA EAMES

From 7th July to 9th July Louisa swam in the D.S.E. Open Long Course Championships at Ponds Forge Sheffield. These races are swum as heats in the mornings and finals in the evening. Louisa entered five races and made the finals in all these going on to win bronze medals in the 100 fly, 100

free, 100 breast and a silver in the 200 IM.

On the 15th July Louisa swam Short Course in the D.S.E. Championships at the same venue, these were straight finals swum over a three session period, once again Louisa won medals these were a silver in the 100 fly and gold in both the 50 free and the 200 IM. Louisa is now looking forward to the European Championships in Budapest in August and she would like to thank all those at the Club who helped and supported her.



Louisa Eames

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ROTHER LEAGUE ROUND 2

The Round 2 gala was held at Basingstoke on 18th June, points were as follows:-

Staines	261
BBFS (Basingstoke)	200
Worthing	170
Hart	146
Dorking	144
Bognor Regis	138

Well done to everyone who took part, a fine performance all giving 100%, with many personal bests achieved. Fine wins for the boys under 16 relays. Three new additions to the squad were Abbie Earles, Amy Rodemark and Emmy White-Moncrieff. We were seeded 4th and finished 3rd, beating Hart, Dorking and Bognor Regis. Currently Worthing are 2nd in

Division 2 with one gala remaining.

GODALMING OPEN MEET

The Godalming SC "B" Open meet was held at Cranleigh on Sunday 9th July. Three swimmer came top in their respective age groups. They were Hannah Joseph, James Kilby and Ziggy Tate.



Ziggy Tate, James Kilby and Hannah Joseph.

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COUNTY/NATIONAL MASTERS

British Masters

On 16th, 17th and 18th June, Chris Luesley and Jade Tate competed in the British Masters competition held at the Aquatics Centre in Manchester. After a long journey up on the Friday, Chris competed in the 1500 metres, 30 lengths of the 50 Metre Pool. The result was a time of 20:08.00 seconds and 2nd position in the 25 to 29 Mens Age Group. Later that day, Jade competed in the 200 Metres backstroke in the 18 to 24 Womens Age Group. Jade also finished 2nd in her age group with a time of 2:50.22. Therefore both swimmers collected silver medals from their 1st races, before going on to compete in a number of other races throughout the weekend with some good times posted in the long course pool.

County Masters

On 25th June 2006, 12 members of Worthing Swimming Club competed in the Sussex County Masters held at Horsham. This was a sizeable entry considering the gala was held at the same time as an England World Cup Game. The squad was as follows : Norman Griffin, John Matthews, Pam Pilbury, Joan Luesley, Barbara Willett, Neale Maloney, Nick Piper, Karen Wardley, Nicki Stirton, Jade Tate, David Boothby and Chris Luesley. The squad won 1 Gold, 3 Silver and 1 Bronze medal from the relay competitions and 3 Gold, 6 Silver and 10 Bronze Medals from the individual races. (See Club Website for full details of results). Nicki Stirton won the Ladies 25 – 29 Years Age Group 100 Metres Butterfly in a new County Record time of 1:15.28. The Mixed 76+ Years 4*25 Metre Medley relay time of 1:07.44 will also stand as a county record as the event was in its inaugural year.

Congratulations to all the swimmers who participated in the event and we hope to get a similar or increased number entered into next years competition. For further details about masters or seniors swimming over the age of 18 for girls and 19 for boys see the Club website or Chris Luesley.



Jade & Chris with their medals from British and County Masters.