



SPLASH! Newsletter of Worthing Swimming Club

Sponsored by JOHN WILDMAN & SONS - FAMILY BUTCHERS
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COUNTY PLAIN DIVING

The County Plain Diving Championships were held on Thursday 9th November at the Aquarena. Divers from Worthing, Brighton and Crawley took part. The Awards were presented by, Christine Hobbs, Sussex County ASA President.

The following Worthing divers won awards:- Katherine Helmer, Joe Hazeldine, Megan Warrington, Courtney Evans, Elizabeth Fairs,.



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DISABILITY CHAMPIONSHIPS - SHEFFIELD

On the 4th and 5th November 3 Club members, Alex Milner, Alexander Cranford and Louisa Eames took part in the Disability Sport England Short Course Regional Championships, in Sheffield. All three are part of the South East Region Squad. They returned not only with a handful of medals but each having achieved personal bests.



Alex Milner, Louisa Eames and Alexander Cranford

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FUN NIGHT & CHRISTMAS RAFFLE

Fun Night will be held on Thursday 14th December at the Aquarena. There will be 2 sessions: - 7pm -8pm & 8:15pm – 9:15pm. See Club notice boards for details.

The Christmas raffle will be drawn on the same evening at 8:30pm tickets for the raffle can be obtained from Tina Redman.

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CHAMPIONSHIPS & OPEN CHAMPIONSHIPS

The Club held its Championships and Open Championships in October and November. Many swimmers swam well producing personal best times. For full results see the Club website.

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CHAMPIONSHIP PRESENTATION

The Championship Presentation will be held on Saturday 20th January at the Thomas Beecham Club. Tickets are on sale from the at the pay desk.

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CLOTHING

Would all swimmers please ensure that clothes are not left in the changing rooms. They should be placed in the lockers provided.

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OCTOBER LANE AWARDS

The following swimmers won lane awards:- Joel Abbott, Annabelle Williams, Rachel Buckland, Tara Osborne, Abbie Earls, Rosie Scordoulis.



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SUSSEX COUNTY DEVELOPMENT GALA

The County Development Gala took place at Horsham on the 29th October and 12th November. For results see the County website.

All full list of all award winners and photographs will appear in the next newsletter.

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CHRISTMAS BREAK

The last Club session at the Aquarena will be on Thursday 14th December. Club sessions at the Aquarena will recommence on Wednesday 3rd January. The last sessions at Wadurs will be Friday 15th December and Sunday 17th December, and on Monday 18th December at Lancing College. Sessions at Wadurs will

recommence on Friday 5th January and Sunday 7th January and sessions at Lancing College will recommence on Monday 8th January.

The Executive Committee of the Club would like to wish all children and parents a very merry Christmas and a happy New Year.

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AGM

The Club held its AGM on Wednesday 4th October, John Dommen was re-elected to serve as Club President and Zoe Yeandle was elected Girls Captain.

CRANLEIGH OPEN MEET

The following swimmers won awards:-

Rachel Buckland, Alexander Cranford, Dominic Cranford, Alastair Hardinge, Lawrence King, Chris Luesley, Amy Quach, Emmy White-Moncrieff, Natalie Smith and Samuel Wildman



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SPEEDO LEAGUE ROUND - 2

The Speedo League Round 2 was held at Reading on 11 November. Points were as follows:-

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| 1st Tilehurst | 219 |
| 2nd P'mouth Northsea | 203 |

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|---------------------|-----|
| 3rd Worthing | 185 |
| 4th Reading B | 160 |
| 5th Wey Valley | 158 |
| 6th Romsey & Totton | 119 |

For full results please see the Club website.

An entertaining evening of swimming with a very strong swim by all the squad. Some good personal bests were swam as we ended up in 3rd place behind Portsmouth Northsea and Tilehurst. The highlight of the evening being an outstanding performance in the girls 6 x 50 metre squadron relay who won their swim by a good margin. And the boys 15 – 16 years have remained unbeaten by any club this year. This result should now ensure that Worthing are well placed in the top 6 in Division 2 West, ready for the final gala in December with 3 promotion places up for grabs. Worthing secured 9 race victories and 9, 2nd places on the evening. There was only 1 disqualification which is a vast improvement from the 6 experienced in the 1st round and comes as a result of increased practice of those errors in training. Wey Valley were lucky enough to gain from Worthing's disqualifications in gala 1 where they came 1st. However, in round 2 they only managed 5th place so Worthing are now placed above them in the current league table and this highlights how important it is not to have any disqualifications during races.

Well done and Thank You to all swimmers, helpers and for the fine support from parents.

Allan Tate

POOLSIDE HELP

If there are any parents interested in helping on the poolside with a view to becoming teachers, please see Peter McCallum.