



KETCHEN KING ESTATE AGENTS
Proudly supporting Worthing Swimming Club
www.ketchen-king.co.uk

Worthing Swimming Club



Summer Newsletter 2012

worthingswimmingclub.org

Follow us on Twitter - @worthingsc

South East Region Championships

Worthing had 6 swimmers qualify for this annual swimming event.

Nicholas Savill, Archy Burnell, Michelle Hepworth, Charlie Hepworth, Elliott Moore, Ben Goddard and Joe Hazeldine all participated in several events at the event held at K2, Crawley, see www.worthingswimmingclub.org for full details of this event.

* * * * *

County Relay Gala

This year's County Relays are being held at Pavilions in the Park, Horsham on Sunday, September 9th.

Worthing will be entering a number of teams in each of the different age groups. 9/10yrs, 11/12yrs, 13/14yrs & 15+yrs for both boys & girls.

Invitations are now available for all swimmers to highlight their availability for this event before selection.

* * * * *

Diving

On Thursday July 12th, at the Aquarena, WSC are hosts to a Sussex Skills Diving Competition.

Good luck to the Worthing divers who are competing in this County competition.

There will not be any water polo training available on this evening and swimming training will be changed as follows.

Lanes 1-4 will train at normal times, but in widths. Lane 5 can train in small pool from 8.30 - 9pm only. Lane 6 has no swimming available on this evening & any swimmer who normally swims at 8.35pm, can swim from 9pm.

Please support the divers who are competing & keep training noise levels to a minimum.

* * * * *

New Pool



It won't be long before we move out of the Aquarena & into the new Splashpoint Leisure Centre.



Building work looks to be progressing well and we look forward to celebrating this occasion in the Spring of 2013 with both closing and opening events.

* * * * *

Girls and Boys Captains



Laura Joseph & Joe Hazeldine have been selected to continue as Girls & Boys Captain for another year. Thanks go to both of them for their help within the Club, especially with younger swimmers. Laura was there for every step of the Girls 9 years relay win at the Counties back in March.

* * * * *

Friday Training

Monthly widths cards can now be purchased for Wadurs swim session 8 - 9.30pm at a cost of £10. This session is open to all widths swimmers.

Water Polo



After a successful National League Campaign during 2011, the 2012 campaign gets going on 15th September at Walsall.

Games against Leeds, Carlisle, Birmingham, Exeter, Team Northumbria, Manchester Hawks and South Derbyshire complete the 1st phase of this year's Division 3 competition.

Good luck to everyone involved with our National League participation.

Congratulations to Tara Osborne, Laura Joseph, Oliver Rainford, Ben Goddard and Joe Hazeldine who have all been selected to represent the South East Region in National Water Polo competitions over the summer, in the 1995 and younger age groups for Girls and Boys respectively.

* * * * *

Young Aquatic Organiser Award

Saturday July 7th at the Aquarena is the place to be. Doors Open 6.15pm til 7.45approx.

There will be a Parents v Juniors Water Polo match, Swimming races including a coaches race, as well as

exhibition diving in this Olympic themed evening.

Alice Wardley, Charlie Hepworth, Joe Hazeldine, Ashling Chatfield, Jodie Curtis, Oscar McCardle, Eleanor Hirst and Tara Osborne are running this event as part of their Young Aquatic Organiser Course being run by Chris Luesley.

You will also see the 8 participants helping around the Club as part of their placement, with many of them helping teachers on poolside.

The cost of the event for spectators is just £2 with concessions for children. Come and join in the fun on this Aquatic evening at the Aquarena, as Worthing showcase our 3 specialist aquatic disciplines.

* * * * *

Sea Swim

The 7th July is also the date of Worthing's Annual Sea Swim, which will see a number of members participating in either 400m or 800m races.

3pm at Worthing Beach Office. It would be great to see support for these swimmers as they brave the conditions involved with sea swimming in Britain.

* * * * *

Sussex Roles

Mark Savill has been appointed Vice President of Sussex for 2012 & will become Sussex President in

2013. Chris Luesley has taken on the role of County Masters Secretary.

Mini Calendar

7th July - Sea Swim-Beach Office&Aquatic event-Aquarena.

12th July - Sussex Skills Diving Competition - Aquarena

21st July - Age Group Presentation Evening.

9th September - County Relay Gala - Horsham.

16th September - Rother League Round 3 @ Woking.

30th September - Development Chaser Open Meet, Arun Leisure Centre.

* * * * *

Age Group Presentation

Saturday 21st July, 6.30pm til 11pm at Thomas Beecham Club, Worthing.

Collect medals and rosettes from the Age Group competition, as well as a summer barbeque.

* * * * *

Open Meets / County

Development Gala

Now is the time to start planning for achieving County qualifying times for 2013.

Worthing's Championships will help swimmers achieve times for distances of 100metres and longer.

To get 50 metre times, there are a number of Open Meets available in the Autumn, as well as County Development Gala in October. Please make sure that you are entering at least 1 of these events to try to gain County times.