

Worthing Swimming Club Press Release 05/01/2014:

“Worthing splash into 2014 in style at littlehampton open meet”

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Worthing had 18 swimmers in attendance at this Open Meet, which was an ideal opportunity for swimmers to try and gain County Qualifying times for 2014, as one of their last chances and for others to get race experience as they start their swimming journey. Worthing swimmers secured 31 personal bests on the day.

Another 7 swims were in County Qualifying times in their respective age groups, not counting races in which swimmers had already achieved a time, but went faster today. These were by: Archy Burnell 1, Lauren McIlrath 1, Ellis Bubb 2, Ben Curtis 1, Jacob Nash 1, Caitlin Silk 1

The following swimmers achieved a top 3 finish in their age groups :

Oscar Silk, 2nd in Boys 11 Years 50 Freestyle in 33.30 and 3rd in 50 Back in 39.88

Jacob Nash 3rd in Boys 15 Years 50 Freestyle in 27.27

Lauren McIlrath 3rd in Girls 13 Years 50 Breaststroke in 40.68

Elliott Moore 3rd in Boys 14 Years 100 Individual Medley in 1 Min 13.62 and 3rd in 50 Back in 34.01 and 3rd in 50 Breaststroke in 36.96

Ellis Bubb 1st in Boys 15 Years 100 IM in 1 Min 07.10 and 3rd in 50 Back in 31.90

Caitlin Silk 3rd in Girls 9 Years 50 Butterfly in 42.90

Katie O’Hara 1st in Girls 12 Years 50 Freestyle in 32.66

Holly Stoner 2nd in Girls 13 Years 100 Individual Medley in 1.21.00 and 2nd in 50 Back in 36.25

Squad in Full :

Archy Burnell, Ellis Bubb, Ben Curtis, Katie Davison, Elliott Moore, Jacob Nash, Holly Stoner, Lohan Samarasinghe, Matthew MacDonald, Oscar Silk, Georgia Connolly, Gracie Garratt, Mollie McKee, Elliot Parkman, Katie O’Hara, Ellie Avient, Lauren McIlrath, Caitlin Silk.

Congratulations to all swimmers who swam in today’s Open Meet.

If you are a swimmer aged 9 and over and would like to compete, please ask about Open Meets and come and join our team in future Open Meets.

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Matthew Laker

Media Secretary

Worthing Swimming Club

Website: [www.worthingswimmingclub.org](http://www.worthingswimmingclub.org)