

Worthing Swimming Club Press Release 13/01/2013:

“Worthing swimmers gain more and faster county times at Brighton gala”

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On Saturday the 12 and Sunday the 13th of January 2013, at the Prince Regent Centre in Brighton 14 Worthing swimmers were in attendance at an Open Meet. This was another opportunity for swimmers to try and gain County or Regional Qualifying times for 2013. Overall Worthing swimmers secured 24 personal bests over the weekend, in 33 races.

These licensed times count towards the Counties and Regionals in 2013 and give a swimmer an idea of how they are progressing with 5 swimmers gaining quicker times in events they have already qualified in for the Counties. 11 swims were in County Qualifying times in their respective age groups, not counting races in which swimmers had already achieved a time. These were by:

Jacob Nash 2, Oscar Silk 2, Holly Stoner 1, Lilly McCardle 1, Ethan Burgess 1, Ellis Bubb 1, Joe Hazeldine 1, Elliott Moore 1, Alex Standing 1.

Meanwhile, over in Portsmouth another Worthing swimmer, Ben Curtis swam a fantastic 6min 01.55 in the gruelling 400 metres individual Medley to gain himself another County time.

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