

Worthing Swimming Club Press Release 26/5/2013:

Attached photo: (left to right) Archy Burnell, Michelle Hepworth & Elliot Moore

“Worthing swimmers represent Worthing at regional age group competition”

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Worthing were represented by three swimmers at the 1st Weekend of the 2013 South East Region Age Group Championships held at K2, Crawley on Saturday 25th and Sunday 26th May. The 2nd Weekend is on 8th / 9th June at Crawley.

Michelle Hepworth, Archy Burnell and Elliott Moore all took part in 2 events. Michelle and Archy will also be swimming 1 event each on the 2nd Weekend.

Michelle Hepworth competed in the following events :

100 Metres Backstroke 1m12.34 Long Course 13th in 13 Years age group.  
200 Metres Backstroke 2m 36.60 Long Course 22nd in 13 Years age group.

Archy Burnell competed in the following events :

100 Metres Breaststroke 1m21.86 Long Course 14th in 13 Years age group.  
200 Metres Breaststroke 2m 56.91 Long Course 16th in 13 Years age group.

Elliott Moore competed in the following events :

100 Metres Breaststroke 1m21.56 Long Course 13th in 13 Years age group.  
200 Metres Breaststroke 2m 54.23 Long Course 11th in 13 Years age group.

All of these times were set in a 50 metre pool which are generally slower than short course 25 metre times as there are less turns during the swims.

These times can be converted to reflect short course times.

Michelle Hepworth's times converted are 1.11.2 and 2.36.60 for 100 and 200 Metres  
Archy Burnell's times converted are 1.20.3 and 2.53.9 for 100 and 200 Metres  
Elliott Moore's times converted are 1.20.0 and 2.51.2

Congratulations to Michelle, Archy and Elliott on their achievements in qualifying and swimming at the 2013 South East Region Age Group Championships. These Championships bring together swimmers from the whole of the South East Region, from places as far away as Thanet in Kent, Oxford and Milton Keynes.

Best of luck to Archy Burnell in 100 Metres Butterfly and Michelle Hepworth in 100 Metres Freestyle on the 2nd Weekend.

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Matthew Laker  
Media Secretary  
Worthing Swimming Club  
Website: [www.worthingswimmingclub.org](http://www.worthingswimmingclub.org)