

Worthing Swimming Club Press Release 13/7/2013:

Attached Photo: Worthing's Sussex League Swimmers

“Worthing wins promotion to division 1 of Sussex league at home gala”

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On Saturday 13th July 2013, Worthing held their 1st home Gala at Splashpoint. A win was needed to seal promotion to Division 1 in the Sussex League, having come 1st and 2nd in the previous rounds.

A number of swimmers who had missed round 2 were now in attendance and extra swimmers were in attendance to allow us to have 2 teams in some relays for experience.

The 1st 6 races in Sussex League are all individual medleys for each of the age groups. After these races, Worthing led Chichester by 23 points and had gained an early advantage. The wins continued to come as Worthing won 40 of the 55 races and came 2nd in 24 races. The final points where

Worthing 443, Chichester Cormorants 290, 1066 Swimmers 255

Many thanks to everyone involved with helping at the Gala, with many helpers being required to ensure a Home Gala runs smoothly including in the days running up to the Gala. On the day, roles vary from announcing, to timekeeping, refereeing, coaching, whipping as well as setting up the pool with electronic equipment. The Gala ran very smoothly and on time.

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