

Worthing Swimming Club Press Release 20/10/2013:

Attached photo: (left to right) Archy Burnell & Michelle Hepworth

“Worthing's juniors represent Sussex at national competition”

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On Sunday 20th October 2013, Worthing swimmers Archy Burnell and Michelle Hepworth represented Sussex at the National County Team Championships held at Ponds Forge, Sheffield. Sussex were promoted to Division 1 in last year's competition, so Archy and Michelle were competing against the best juniors in the Country.

Michelle came 14th out of 20 Counties in Division 1 recording 1.09.66s in the Girls 12/13 Years 100 Backstroke. Archy secured a personal best in the Boys 12/13 Years 100 Breaststroke coming 16th in a time of 1.17.50 and recorded 1.11.01 in the Boys 12/13 Years 100 Butterfly.

Michelle led off the Girls 12/13 Years Medley relay with 50 metres Backstroke in a new personal best time of 32.05 helping Sussex to 13th position in this race. Archy took the Butterfly leg of the Boys 12/13 Years Medley relay recording 30.78 for 50 metres as the team came 17th.

The Sussex team made up of swimmers from all different Clubs all over East and West Sussex, travelled the long journey to Sheffield on the Saturday for this competition.

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