

Worthing Swimming Club Press Release 20/04/2013:

“Worthing's rother league campaign off with a bang”

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On Saturday 20th April 2013, 34 Worthing swimmers headed to Cranleigh for the 1st round of this Year's Rother League. Worthing are in Division 2 and seeded 8th overall, so were therefore seeded 3rd on the evening.

Worthing began well but were only 4th after 10 races. The 1st wave of relays were going to be important and our relay teams were performing well, with good takeovers and maximum effort. After 30 races, it was clear the fight for 2nd through to 5th was going to be very tight with Sutton and Cheam clear leaders and Worthing now placed 3rd.

10 races later and only 1 point separated 3 teams with Worthing just 2nd. Every point had to be fought for and with just the Squadron relay to go, Worthing were 3rd, but a strong performance was needed to maintain this position. Our team of 8 swimmers came 3rd and therefore secured 3rd place overall, just 5 points behind Elmbridge. Worthing finished 3rd on the evening, winning 4 races, 2nd in 12 races and 3rd in 9 races.

Race Winners - Michelle Hepworth - 50 Backstroke in Under 15 and Open age Groups, Charlie Hepworth in Open 50 Freestyle and Karen Chan in Girls Open 100 Individual Medley. The next round of Rother League is on 18th May.

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