

Worthing Swimming Club Press Release 11/02/2013:

"Worthing's eventful weekend"

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Worthing Swimming Club's eventful weekend started off on Saturday with Brighton Dolphin's Development Gala. Galas like this are important to the Club as they allow us to try swimmers on their weaker strokes and allow different swimmers to compete for the Club, who aren't swimming in the Counties next month.

Teams competing were Atlantis, Lewes, Brighton Dolphin, Mid Sussex Marlins and Smiths Swim Squad. Going into the final three races the point's scores were announced and there were just ten points separating the top three teams. At the end of the gala Worthing was just pipped to the post by Lewes with 161 points to Worthing's 159 points. Worthing had led the Gala at the half way point.

Disappointing not to win, but all the swimmers involved had performed well on the night and showcased their talents to the many spectators.

On Sunday, Worthing had 11 swimmers in attendance at the Atlantis Regional / National Chaser 2013 Open Meet, which was the final opportunity for swimmers to try and gain County Qualifying times for 2013, and an ideal opportunity to obtain Regional times.

8 of these swims were in County Qualifying times in their respective age groups, not counting races in which swimmers had already achieved a time, but went faster today. These were by: Oscar Silk 3, Jacob Nash 2, Talisa-Mae Marsh 1, Elliott Moore 1, Lily McCardle 1

3 Swimmers won races in events in their age groups. These were Michelle Hepworth in 200 Freestyle and 50 Backstroke in Girls 12 years age group and Lily McCardle in the gruelling 200 Butterfly in the 10 Years Age Group.

Worthing now have 24 swimmers who have qualified in 147 races competing at the 2013 County Championships.

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