

## Worthing Swimming Club

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### Individual Meet Results

Sussex County Winter competition 25-Oct-15 to 01-Nov-15 [Ageup: 31/12/2015] SC Meters

Location: Pavilions in the Park

Worthing SC [WORS]

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
<b>Charlie Bond (14) G</b>					
3:00.93S	F # 307E	Girls 14-14 200 Fly	3	16	0.33
	31.64	53.35 2:10.91 3:00.93			
	(31.64)	(21.71) (1:17.56) (50.02)			
<b>Jamie Bond (11) B</b>					
2:51.23S	F # 104B	Boys 11-11 200 IM	3	16	-4.57
	18.55	1:20.77 2:12.18 2:51.23			
	(18.55)	(1:02.22) (51.41) (39.05)			
1:34.64S	F # 106B	Boys 11-11 100 Breast	4	15	-1.11
	44.99	1:34.64			
	(44.99)	(49.65)			
37.24S	F # 108B	Boys 11-11 50 Back	2	17	-1.05
1:09.88S	F # 204B	Boys 11-11 100 Free	2	17	-1.56
	33.69	1:09.88			
	(33.69)	(36.19)			
37.82S	F # 206B	Boys 11-11 50 Fly	3	16	0.82
2:29.92S	F # 304B	Boys 11-11 200 Free	4	15	-6.88
	33.65	1:12.24 1:51.86 2:29.92			
	(33.65)	(38.59) (39.62) (38.06)			
1:20.46S	F # 306B	Boys 11-11 100 Back	3	16	-1.81
	37.97	1:20.46			
	(37.97)	(42.49)			
42.89S	F # 310B	Boys 11-11 50 Breast	4	15	-2.01
1:21.45S	F # 402B	Boys 11-11 100 IM	4	15	-6.05
32.45S	F # 406B	Boys 11-11 50 Free	4	15	-0.65
<b>Grace Byford (11) G</b>					
1:33.22S	F # 105B	Girls 11-11 100 Breast	2	17	-3.20
	43.57	1:33.22			
	(43.57)	(49.65)			
3:20.56S	F # 201B	Girls 11-11 200 Breast	2	17	-11.75
	45.58	1:37.57 2:30.32 3:20.56			
	(45.58)	(51.99) (52.75) (50.24)			
3:06.01S	F # 303B	Girls 11-11 200 IM	9	9	-5.49
	43.62	1:30.04 2:23.26 3:06.01			
	(43.62)	(46.42) (53.22) (42.75)			
43.44S	F # 309B	Girls 11-11 50 Breast	7	12	-1.42
1:28.92S	F # 401B	Girls 11-11 100 IM	14	3	0.15
3:03.56S	F # 403B	Girls 11-11 200 Back	8	11	0.72
	43.69	1:30.65 2:17.58 3:03.56			
	(43.69)	(46.96) (46.93) (45.98)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Hannah Callahan (10) G</b>					
2:53.04S	F # 103A	Girls 10-10 200 Free	7	12	-2.67
	39.02	1:23.06 2:08.31 2:53.04			
	(39.02)	(44.04) (45.25) (44.73)			
1:22.43S	F # 203A	Girls 10-10 100 Free	7	12	-1.17
	38.74	1:22.43			
	(38.74)	(43.69)			
1:32.20S	F # 305A	Girls 10-10 100 Back	6	13	-0.78
	44.77	1:32.20			
	(44.77)	(47.43)			
<b>Thomas Day (11) B</b>					
1:24.28S	F # 306B	Boys 11-11 100 Back	5	14	-0.23
	40.83	1:24.28			
	(40.83)	(43.45)			
3:10.05S	F # 308B	Boys 11-11 200 Fly	3	16	-3.15
	41.81	1:31.37 2:22.81 3:10.05			
	(41.81)	(49.56) (51.44) (47.24)			
2:56.70S	F # 404B	Boys 11-11 200 Back	4	15	-1.42
	43.49	1:29.05 2:14.09 2:56.70			
	(43.49)	(45.56) (45.04) (42.61)			
36.50S	F # 406B	Boys 11-11 50 Free	16	1	0.70
<b>Rebecca Dunn-Coleman (15) G</b>					
35.81S	F # 107F	Girls 15-15 50 Back	10	7	-0.69
34.18S	F # 205F	Girls 15-15 50 Fly	13	4	1.08
<b>Annabel Fincham (11) G</b>					
1:43.81S	F # 105B	Girls 11-11 100 Breast	13	4	0.38
	48.03	1:43.81			
	(48.03)	(55.78)			
45.75S	F # 309B	Girls 11-11 50 Breast	15	2	-2.81
<b>Ethan Fincham (13) B</b>					
1:25.36S	F # 106D	Boys 13-13 100 Breast	7	12	-1.99
	40.53	1:25.36			
	(40.53)	(44.83)			
1:05.75S	F # 204D	Boys 13-13 100 Free	8	11	0.09
	31.65	1:05.75			
	(31.65)	(34.10)			
2:23.14S	F # 304D	Boys 13-13 200 Free	7	12	-2.57
	32.87	1:09.38 1:46.77 2:23.14			
	(32.87)	(36.51) (37.39) (36.37)			
39.48S	F # 310D	Boys 13-13 50 Breast	8	11	0.62

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
<b>Kimberly Griffith (10) G</b>					
45.17S	F # 107A	Girls 10-10 50 Back	10	7	-0.13
1:23.75S	F # 203A	Girls 10-10 100 Free	8	11	-0.37
	39.66	1:23.75			
	(39.66)	(44.09)			
41.81S	F # 205A	Girls 10-10 50 Fly	6	13	3.11
53.69S	F # 309A	Girls 10-10 50 Breast	15	2	4.44
35.16S	F # 405A	Girls 10-10 50 Free	3	16	-2.51
<b>Talisa-mae Marsh (14) G</b>					
35.76S	F # 107E	Girls 14-14 50 Back	11	6	-2.00
1:13.36S	F # 109E	Girls 14-14 100 Fly	3	16	0.90
	33.73	1:13.36			
	(33.73)	(39.63)			
3:08.94S	F # 201E	Girls 14-14 200 Breast	3	16	1.94
	42.29	1:30.99	2:21.42	3:08.94	
	(42.29)	(48.70)	(50.43)	(47.52)	
32.75S	F # 205E	Girls 14-14 50 Fly	6	13	-0.50
<b>Lauren McIlrath (15) G</b>					
38.12S	F # 309F	Girls 15-15 50 Breast	9	9	-0.38
<b>Katie O'Hara (14) G</b>					
2:20.80S	F # 103E	Girls 14-14 200 Free	5	14	-2.00
	32.61	1:08.48	1:45.40	2:20.80	
	(32.61)	(35.87)	(36.92)	(35.40)	
35.16S	F # 107E	Girls 14-14 50 Back	10	7	-0.39
1:13.59S	F # 109E	Girls 14-14 100 Fly	4	15	-1.21
	34.00	1:13.59			
	(34.00)	(39.59)			
1:03.47S	F # 203E	Girls 14-14 100 Free	5	14	0.49
	30.73	1:03.47			
	(30.73)	(32.74)			
32.59S	F # 205E	Girls 14-14 50 Fly	5	14	0.29
2:39.19S	F # 303E	Girls 14-14 200 IM	3	16	-5.21
	33.93	1:13.65	2:03.93	2:39.19	
	(33.93)	(39.72)	(50.28)	(35.26)	
1:13.25S	F # 305E	Girls 14-14 100 Back	3	16	1.53
	36.41	1:13.25			
	(36.41)	(36.84)			
1:15.21S	F # 401E	Girls 14-14 100 IM	4	15	-2.96
2:33.36S	F # 403E	Girls 14-14 200 Back	3	16	-8.64
	36.74	1:15.66	1:55.00	2:33.36	
	(36.74)	(38.92)	(39.34)	(38.36)	
29.53S	F # 405E	Girls 14-14 50 Free	5	14	-0.17

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
<b>Eleanor Ransom (14) G</b>					
33.90S	F # 107E	Girls 14-14 50 Back	5	14	-8.57
35.31S	F # 205E	Girls 14-14 50 Fly	14	3	0.69
1:14.13S	F # 305E	Girls 14-14 100 Back	5	14	2.08
	35.21	1:14.13			
	(35.21)	(38.92)			
30.90S	F # 405E	Girls 14-14 50 Free	8	11	-0.09
<b>Jimmy Sanchez-Reeve (10) B</b>					
1:43.08S	F # 402A	Boys 10-10 100 IM	14	3	0.41
<b>Caitlin Silk (11) G</b>					
2:49.93S	F # 303B	Girls 11-11 200 IM	2	17	-5.04
	38.48	1:21.42	2:11.06	2:49.93	
	(38.48)	(42.94)	(49.64)	(38.87)	
1:17.26S	F # 305B	Girls 11-11 100 Back	1	20	-1.34
	37.98	1:17.26			
	(37.98)	(39.28)			
3:19.72S	F # 307B	Girls 11-11 200 Fly	6	13	-17.24
	40.98	1:34.63	2:28.95	3:19.72	
	(40.98)	(53.65)	(54.32)	(50.77)	
42.78S	F # 309B	Girls 11-11 50 Breast	6	13	-2.02
1:21.67S	F # 401B	Girls 11-11 100 IM	5	14	-8.29
2:48.02S	F # 403B	Girls 11-11 200 Back	2	17	3.07
	39.58	1:23.01	2:07.64	2:48.02	
	(39.58)	(43.43)	(44.63)	(40.38)	
33.49S	F # 405B	Girls 11-11 50 Free	6	13	-0.01

**Worthing Swimming Club**

**Individual Meet Results**

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Worthing SC [WORS]

Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
<b>Oscar Silk (13) B</b>					
2:32.89S	F # 104D	Boys 13-13 200 IM	2	17	-9.71
	34.17	1:13.11 1:57.18 2:32.89			
	(34.17)	(38.94) (44.07) (35.71)			
1:19.14S	F # 106D	Boys 13-13 100 Breast	1	20	-0.66
	37.73	1:19.14			
	(37.73)	(41.41)			
35.16S	F # 108D	Boys 13-13 50 Back	5	14	-1.44
1:18.48S	F # 110D	Boys 13-13 100 Fly	5	14	1.38
	35.20	1:18.48			
	(35.20)	(43.28)			
2:50.92S	F # 202D	Boys 13-13 200 Breast	1	20	-11.58
	38.01	1:21.72 2:07.19 2:50.92			
	(38.01)	(43.71) (45.47) (43.73)			
1:03.73S	F # 204D	Boys 13-13 100 Free	5	14	-0.14
	30.64	1:03.73			
	(30.64)	(33.09)			
34.73S	F # 206D	Boys 13-13 50 Fly	7	12	-2.51
2:19.90S	F # 304D	Boys 13-13 200 Free	3	16	-4.72
	31.02	1:06.85 1:44.70 2:19.90			
	(31.02)	(35.83) (37.85) (35.20)			
1:13.16S	F # 306D	Boys 13-13 100 Back	5	14	-1.23
	35.77	1:13.16			
	(35.77)	(37.39)			
2:54.74S	F # 308D	Boys 13-13 200 Fly	3	16	-3.33
	37.27	1:21.23 2:08.39 2:54.74			
	(37.27)	(43.96) (47.16) (46.35)			
37.27S DQ	F # 310D	Boys 13-13 50 Breast	---	---	---
1:14.17S	F # 402D	Boys 13-13 100 IM	2	16.5	-3.95
2:39.73S	F # 404D	Boys 13-13 200 Back	4	15	-5.58
	37.30	1:18.23 1:59.83 2:39.73			
	(37.30)	(40.93) (41.60) (39.90)			
29.82S	F # 406D	Boys 13-13 50 Free	8	11	-0.36

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Converted Times Used For Calculating Improvement

Time	F/P/S	Event	Place	Points	Improv
<b>Maisie Standen (12) G</b>					
2:27.39S	F # 103C	Girls 12-12 200 Free	7	12	-3.30
	35.09	1:13.71 1:51.54 2:27.39			
	(35.09)	(38.62) (37.83) (35.85)			
1:28.10S	F # 105C	Girls 12-12 100 Breast	6	13	-1.98
	42.03	1:28.10			
	(42.03)	(46.07)			
37.01S	F # 107C	Girls 12-12 50 Back	8	11	-4.45
1:26.20S	F # 109C	Girls 12-12 100 Fly	8	11	4.95
	32.45	1:26.20			
	(32.45)	(53.75)			
3:07.88S	F # 201C	Girls 12-12 200 Breast	5	14	-5.12
	43.79	1:31.63 2:19.87 3:07.88			
	(43.79)	(47.84) (48.24) (48.01)			
1:08.95S	F # 203C	Girls 12-12 100 Free	7	12	0.11
	33.75	1:08.95			
	(33.75)	(35.20)			
37.12S	F # 205C	Girls 12-12 50 Fly	14	3	-1.78
2:46.80S	F # 303C	Girls 12-12 200 IM	6	13	-45.46
	38.20	1:20.41 2:08.95 2:46.80			
	(38.20)	(42.21) (48.54) (37.85)			
1:18.11S	F # 305C	Girls 12-12 100 Back	5	14	-0.12
	38.52	1:18.11			
	(38.52)	(39.59)			
3:15.00S	F # 307C	Girls 12-12 200 Fly	8	11	-15.30
	43.24	1:35.28 2:28.22 3:15.00			
	(43.24)	(52.04) (52.94) (46.78)			
41.51S	F # 309C	Girls 12-12 50 Breast	8	11	-4.89
1:18.50S	F # 401C	Girls 12-12 100 IM	5	14	-19.30
2:44.40S	F # 403C	Girls 12-12 200 Back	4	15	-1.63
	40.50	1:23.68 2:04.66 2:44.40			
	(40.50)	(43.18) (40.98) (39.74)			
32.68S	F # 405C	Girls 12-12 50 Free	13	4	-0.42
<b>Edward Taylor (15) B</b>					
1:11.33S	F # 110F	Boys 15-15 100 Fly	11	6	-1.79
	33.23	1:11.33			
	(33.23)	(38.10)			

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Time	F/P/S	Event	Place	Points	Improv
<b>Lyra Walton (11) G</b>					
1:13.68S	F # 203B	Girls 11-11 100 Free	3	16	-3.65
	34.51	1:13.68			
	(34.51)	(39.17)			
37.57S	F # 205B	Girls 11-11 50 Fly	3	16	-4.43
3:00.64S	F # 303B	Girls 11-11 200 IM	7	12	-7.82
	38.64	1:23.98 2:20.13 3:00.64			
	(38.64)	(45.34) (56.15) (40.51)			
1:24.63S	F # 305B	Girls 11-11 100 Back	10	7	-1.31
	40.89	1:24.63			
	(40.89)	(43.74)			
45.91S	F # 309B	Girls 11-11 50 Breast	17	---	-1.47
1:24.31S	F # 401B	Girls 11-11 100 IM	8	11	-2.09
33.27S	F # 405B	Girls 11-11 50 Free	5	14	-1.71
<b>Rosie Windslow (11) G</b>					
2:53.50S	F # 303B	Girls 11-11 200 IM	3	16	-9.70
	38.88	1:22.88 2:14.70 2:53.50			
	(38.88)	(44.00) (51.82) (38.80)			
1:19.69S	F # 305B	Girls 11-11 100 Back	4	15	-1.61
	38.96	1:19.69			
	(38.96)	(40.73)			
41.50S	F # 309B	Girls 11-11 50 Breast	3	16	-0.08
1:22.30S	F # 401B	Girls 11-11 100 IM	7	12	1.38
33.55S	F # 405B	Girls 11-11 50 Free	9	9	-0.45