



Sussex County Championships 2014



The 2nd weekend of the 2014 Sussex County Championships were held on the 15th and 16th March and saw a number of fantastic swims from Worthing Swimmers, including 37 personal bests out of the 45 races swum. From those swims, 6 swimmers qualified for Championship Finals, a fantastic achievement at County level.

The following results were achieved in these finals : Caitlin Silk, 1st in the Girls 9 Years 50 Metres Backstroke in 39.51 seconds and 1st in Girls 9 Years 100 Metres Individual Medley in 1.29.99. Thomas Day was 8th in Boys 10 Years 50 Butterfly in 40.91. Elliott Moore, 2nd in Boys 14 Years 100 Metres Breaststroke in 1.16.98 and Archy Bunnell, 5th in Boys 14 Years 100 Breaststroke in 1.17.97. Michelle Hepworth came 2nd in Girls 14 Years 100 Freestyle in 1.01.48 which was 7th in the junior age group, 14th overall and 4th in Girls 14 Years 100 Butterfly in 1.12.92, which was 9th in the junior age group and 19th Overall. Ellis Bubb came 5th in the Boys 11 and Over 100 Metres Breaststroke Open Championship in 1.10.12.

The following swimmers finished in the top 3 positions in their age groups :

Elliott Moore came 3rd in the Boys 14 Years 50 Metres Breaststroke in 35.45 seconds.

Ellis Bubb came 3rd in the Boys 15 Years 50 Metres Breaststroke in 32.52 seconds which resulted in 4th place in the 11 – 16 Years Age Group and 9th Overall. Ellis was also 2nd in the Boys 15 Years 100 Metres Breaststroke in 1.09.59, placing him 3rd in the Junior Championship and gaining qualification to the Open Championship final.

Michelle Hepworth came 2nd in the Girls 14 Years 50 Metres Backstroke in 31.95, a time that secured 6th equal in the 11 – 16 Years Age group and 9th equal Overall. Michelle was also 2nd in the Girls 14 Years 100 Metres Individual Medley in 1.11.40, placing her 8th in the junior age group and 14th Overall. Michelle won the Girls 14 years 200 Metres Backstroke in 2.29.44 placing her 8th in the junior age group and 10th Overall.

Caitlin Silk came 1st in the Girls 9 Years 200 Metres Backstroke in 3.01.12, a 9 second victory. In the Girls 9 Years 200 Metres Individual Medley, Caitlin was also 1st in 3.14.17, a 6 second victory. Caitlin came 3rd in her final event, the Girls 9 Years 200 Metres Breaststroke in 3.46.71.

Ben Curtis was 3rd in the Boys 14 Years 200 Metres Butterfly in 2.43.58, placing him 12th in the junior age group. Thomas Day swam brilliantly in the same event in a time well inside regional time, but was unfortunately disqualified for a false start.

In addition to our excellent individual performances, Worthing entered a relay team into the 9 years age group for both girls and boys. Swimming well in the freestyle relay, the girls finished 6th in 1.13.68. Congratulations to Grace Byford, Caitlin Silk, Georgia Connolly and Grace Sainsbury. The Boys finished 4th in 1.14.17. A great 1st Counties experience for Maxwell Garrard, Andrew Sayegh, Lohan Samarasinghe and Sam Keogh.

The 2nd weekend also saw us enter the Girls 16 and under 4 * 50 Metres Medley relay. Michelle Hepworth, Petrina Marsh, Talisa-Mae Marsh and Kate O'Hara came 14th in 2.19.18 with 24 teams in the competition.

Chris Luesley, Head Coach, Worthing Swimming Club