



Sussex League 1 – Splashpoint, Worthing

On Saturday 8th March 2014, 34 Worthing swimmers took part in our home gala at Splashpoint, a Sussex League Division 1 tie against Littlehampton and Crawley. Worthing were promoted to division 1 after a successful campaign in division 2 in 2013. Therefore the level of competition has increased as we take on the best teams in Sussex.

The theme of the evening was more about swimmers gaining race experience and trying to obtain personal bests, while trying to secure the best place possible.

Worthing fielded a close to full strength team against Littlehampton and Crawley on the night. Worthing won 2 of the 55 races and came 2nd in 6 races with each Club having 2 swimmers in each race. Therefore, Worthing were 3rd, with 213 points, compared to Littlehampton in 2nd on 390 and Crawley on 405. Age is everything and half of our squad are eligible to swim in the same age group in next years competition.

Michelle Hepworth, 14, came 1st in the under 16's 100 Metres Backstroke and 100 Freestyle, as well as 2nd in 100 Individual Medley. Archy Burnell, 14, was 2nd in the Boys Under 16, 100 Metres Freestyle and Caitlin Silk, 9, came 2nd in the Girls Under 12, 50 freestyle and 50 backstroke.

2nd place was also achieved by our Girls Under 14 Medley relay team of Holly Stoner, Isobel Gee, Talisa-Mae Marsh and Katie O'Hara and the Girls Under 14 Freestyle relay team featuring Holly, Talisa, Katie and Hannah Coppin.

Squad in Full: Caitlin Silk, Maisie Perry, Maisie Standen, Grace Byford, Thomas Day, Ben Bolton, Ethan-Blu Burstow, Spencer Owen, Joshua Coulson, Holly Stoner, Katie O'Hara, Talisa-Mae Marsh, Hannah Coppin, Isobe Gee, Oscar Silk, Lucas Bubb, William Groom, Timothy Hartnell, Michelle Hepworth, Lauren McIlrath, Annah Bowles, Petrina Marsh, Gemma Coulson, Hannah Urben, Daisy Hazeldine, Archy Burnell, Ben Curtis, Robert Scott, Joshua Urben, Elliot Parkman, Jodie Curtis, Ellis Bubb, Jacob Nash, Joe Hazeldine.

1st Crawley 405, 2nd Littlehampton 390, 3rd Worthing 213

Many thanks to our many volunteers who gave their time up to help at our home gala.

The 2nd and 3rd rounds of Sussex League are in June at Haywards Heath and Horsham.

Chris Luesley, Head Coach, Worthing Swimming Club